

NOTE on TCIR and DARCIR

Since these acronyms may not be familiar to all of us, the following information has been provided to assist in filling out the form 33.

TCIR

The TCIR is essentially the total recordable injury/illness rate. This may be obtained from the employers OSHA 300 log and is listed as the TRIR.

For BLS comparison, the “Total Cases” rate (the first column after the SIC code) represents the TCIR.

DARCIR

The DARCIR represents both the lost work day and restricted activity cases. This may be obtained from the 300 log and is listed as the DART (cases involving Days away from work, days with restricted activity or job transfer.)

For BLS comparison, the “Total” sub-column of “lost workday cases” (the second column after SIC code) represents the DARCIR.

One last note – remember that 100 full time workers = 200,000 hours.

Please contact Kim or Clayton if you need further assistance with the calculations!